

DORITOS COOL RANCH REDUCED FAT: Calories 130 Calories from Fat 45

INGREDIENTS: Whole Corn, Vegetable Oil (contains one or more of the following: corn, soybean, and/or sunflower oil), buttermilk, salt, corn dextrin, tomato powder, corn starch, whey, corn syrup solids, onion powder, garlic powder, **monosodium glutamate**, cheddar cheese (milk, cheese cultures, salt, enzymes), nonfat milk, sugar, dextrose, malic acid, sodium acetate, **artificial color (including red 40, blue 1, yellow 5)**, sodium caseinate, disodium phosphate, spice, natural and artificial flavors, disodium inosinate, and disodium guanylate.

Contains milk ingredients.

CHEERIOS CEREAL BAR STRAWBERRY, Calories 150, Calories from Fat 30

INGREDIENTS: whole grain oats, **corn syrup, sugar, high fructose corn syrup**, Canola and/or rice bran oil, natural strawberry flavored fruit pieces (sugar, cranberries, citric acid, natural flavor, elderberry juice concentrate, sunflower oil), whole grain corn, whole wheat, fructose, brown rice flour, water, hulled barley, glycerin, calcium carbonate, maltodextrin, wheat starch, corn flour, salt, sorbitol, corn starch, brown sugar syrup, corn bran, gelatin, natural and artificial flavor, **red 40 and other color added**, baking soda, trisodium phosphate, mono and diglycerides, zinc and iron (mineral nutrients), vitamin E (tocopheryl acetate), vitamin C (sodium ascorbate), A B vitamin (niacinamide), A B vitamin (calcium pantothenate), vitamin B12, vitamin D, vitamin E (mixed tocopherols) added to preserve freshness.

Contains wheat ingredients.

BROWN SUGAR CINNAMON POP-TARTS, Calories 200, Calories from Fat 60

INGREDIENTS: whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B2], folic acid), sugar, vegetable oil (soybean, palm, cottonseed and/or hydrogenated cottonseed oil with tbhq and citric acid for freshness), **polydextrose, dextrose, high fructose corn syrup, corn syrup solids**, whole grain barley flour, contains two percent or less of glycerin, molasses, inulin from chicory root, salt, cornstarch, leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), wheat starch, cinnamon, caramel color, gelatin, soy lecithin, vitamin A palmitate, niacinamide, reduced iron, pyridoxine hydrochloride (vitamin B6), riboflavin (vitamin B2), thiamin hydrochloride (vitamin B1) folic acid.

Contains wheat and soy ingredients.

LINDEN'S BUTTER CRUNCHERS COOKIES, Calories 150, Calories from Fat 51

INGREDIENTS: enriched wheat flour (contains niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), butter crunch (sugar, butter, water, corn syrup, salt, baking soda, vanilla), soybean oil and/or canola oil, palm

oil, palm kernel oil, brown sugar, sugar, whole grain wheat flour, whole eggs, maltodextrin, water, salt, baking soda, baking powder (sodium acid pyrophosphate, monocalcium phosphate), and vanilla extract.